



# BEDFORD MARTIAL ARTS ACADEMY

**August, 2018**

**292 Route 101, Bedford, NH (603) 626-9696**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>WOMEN'S SELF DEFENSE SEMINAR</b></p> <p><b>AUGUST 14TH @ 6:00</b></p> <p><b>Register in Office</b></p>			<p><b>1 CAMP</b></p> <p>3:00: MM—All Ranks Age 3-6 3:30: W/Y/O/P—Age 6-8 3:45: P/B/G/Br—Age 6-8 4:15: W/Y/O/P—Age 9-12 4:30: P/B/G/Br/Bl—Age 9-12 5:00: MM W/Y/O—Age 3-6 5:20: Adaptive Martial Arts 5:30: MM P/G/Bl- Age 3-6 6:00: ALL RANKS—Age 6-12 6:45: All Ranks Age 13-17 6:45: Adult</p>	<p><b>2 CAMP</b></p> <p>3:30: W/Y/O/P—Age 6-8 3:45: P/B/G/Br—Age 6-8 4:15: W/Y/O/P—Age 9-12 4:30: P/B/G/Br/Bl Age 9-12 5:00: MM W/Y/O—Age 3-6 5:15: All Ranks Age 13-17 5:30: MM P/G/Bl- Age 3-6 6:00: W/Y/O/P—Age 6-12 6:00: B/G/Br/Bl—Age 6-12</p>	<p><b>3 CAMP</b></p>	<p><b>4</b></p> <p>8:00: Adaptive Martial Arts 8:30: MiniMaster Age 3-6 9:00: W/Y/O/P— Age 6-12 9:00: B/G/Br/Bl—Age 6-12</p>
<p><b>SIGN UP FOR VACATION CAMP!</b></p> <p><b>KIDS HAVE A BLAST!!!</b></p>	<p><b>6 CAMP</b></p> <p>3:00: MM—All Ranks Age 3-6 3:30: W/Y/O/P—Age 6-8 3:45: P/B/G/Br—Age 6-8 4:15: W/Y/O/P—Age 9-12 4:30: P/B/G/Br/Bl—Age 9-12 5:00: MM—All Ranks Age 3-6</p> <hr/> <p><b>Sparring Seminar with Mr. Anthony</b></p> <p>5:30: MM THRU AGE 11 6:45: Age 12—Adult</p>	<p><b>7 CAMP</b></p> <p>3:30: W/Y/O/P—Age 6-8 3:45: P/B/G/Br—Age 6-8 4:15: W/Y/O/P—Age 9-12 4:30: P/B/G/Br/Bl—Age 9-12 5:00: MM—All Ranks Age 3-6 6:00: W/Y/O/P—Age 6-12 6:00: B/G/Br/Bl—Age 6-12</p>	<p><b>8 CAMP</b></p> <p>3:00: MM—All Ranks Age 3-6 3:30: W/Y/O/P—Age 6-8 3:45: P/B/G/Br—Age 6-8 4:15: W/Y/O/P—Age 9-12 4:30: P/B/G/Br/Bl—Age 9-12 5:00: MM W/Y/O—Age 3-6 5:20: Adaptive Martial Arts 5:30: MM P/G/Bl- Age 3-6 6:00: ALL RANKS—Age 6-12 6:45: All Ranks Age 13-17 6:45: Adult</p>	<p><b>9 CAMP</b></p> <p>3:30: W/Y/O/P—Age 6-8 3:45: P/B/G/Br—Age 6-8 4:15: W/Y/O/P—Age 9-12 4:30: P/B/G/Br/Bl Age 9-12 5:00: MM W/Y/O—Age 3-6 5:15: All Ranks Age 13-17 5:30: MM P/G/Bl- Age 3-6 6:00: W/Y/O/P—Age 6-12 6:00: B/G/Br/Bl—Age 6-12</p>	<p><b>10 CAMP</b></p>	<p><b>11</b></p> <p>8:00: Adaptive Martial Arts 8:30: MiniMaster Age 3-6 9:00: W/Y/O/P— Age 6-12 9:00: B/G/Br/Bl—Age 6-12</p>
<p><b>MM = MiniMasters</b> <b>W = White Belt</b> <b>Y = Yellow Belt</b> <b>O = Orange Belt</b> <b>P = Purple Belt</b> <b>B = Blue Belt</b> <b>G = Green Belt</b> <b>Br = Brown Belt</b> <b>Bl = Black Belt</b></p>	<p><b>13 CAMP</b></p> <p>3:00: MM—All Ranks Age 3-6 3:30: W/Y/O/P—Age 6-8 3:45: P/B/G/Br—Age 6-8 4:15: W/Y/O/P—Age 9-12 4:30: P/B/G/Br/Bl—Age 9-12 5:00: MM W/Y/O—Age 3-6 5:30: MM P/G/Bl- Age 3-6 6:00: W/Y/O/P—Age 6-12 6:00: B/G/Br/Bl—Age 6-12</p>	<p><b>14 CAMP</b></p> <p>3:30: W/Y/O/P—Age 6-8 3:45: P/B/G/Br—Age 6-8 4:15: W/Y/O/P—Age 9-12 4:30: P/B/G/Br/Bl—Age 9-12 5:00: MM—All Ranks Age 3-6 6:00: W/Y/O/P—Age 6-12 6:00: B/G/Br/Bl—Age 6-12 6:45: All Ranks Age 13-17 6:45: Adult</p> <p><b>6:00 Women's Self Defense Seminar</b></p>	<p><b>15 CAMP</b></p> <p>3:00: MM—All Ranks Age 3-6 3:30: W/Y/O/P—Age 6-8 3:45: P/B/G/Br—Age 6-8 4:15: W/Y/O/P—Age 9-12 4:30: P/B/G/Br/Bl—Age 9-12 5:00: MM W/Y/O—Age 3-6 5:20: Adaptive Martial Arts 5:30: MM P/G/Bl- Age 3-6 6:00: ALL RANKS—Age 6-12 6:45: All Ranks Age 13-17 6:45: Adult</p>	<p><b>16 CAMP</b></p> <p><b>BELT TESTING</b></p> <p><b>(No Classes)</b></p>	<p><b>17 CAMP</b></p>	<p><b>18</b></p> <p>8:00: Adaptive Martial Arts 8:30: MiniMaster Age 3-6 9:00: W/Y/O/P— Age 6-12 9:00: B/G/Br/Bl—Age 6-12</p>
	<p><b>20 CAMP</b></p> <p>3:00: MM—All Ranks Age 3-6 3:30: W/Y/O/P—Age 6-8 3:45: P/B/G/Br—Age 6-8 4:15: W/Y/O/P—Age 9-12 4:30: P/B/G/Br/Bl—Age 9-12 5:00: MM W/Y/O—Age 3-6 5:30: MM P/G/Bl- Age 3-6 6:00: W/Y/O/P—Age 6-12 6:00: B/G/Br/Bl—Age 6-12</p>	<p><b>21 CAMP</b></p> <p>3:30: W/Y/O/P—Age 6-8 3:45: P/B/G/Br—Age 6-8 4:15: W/Y/O/P—Age 9-12 4:30: P/B/G/Br/Bl—Age 9-12 5:00: MM—All Ranks Age 3-6 6:00: W/Y/O/P—Age 6-12 6:00: B/G/Br/Bl—Age 6-12 6:45: All Ranks Age 13-17 6:45: Adult</p>	<p><b>22 CAMP</b></p> <p>3:00: MM—All Ranks Age 3-6 3:30: W/Y/O/P—Age 6-8 3:45: P/B/G/Br—Age 6-8 4:15: W/Y/O/P—Age 9-12 4:30: P/B/G/Br/Bl—Age 9-12 5:00: MM W/Y/O—Age 3-6 5:20: Adaptive Martial Arts 5:30: MM P/G/Bl- Age 3-6 6:00: ALL RANKS—Age 6-12 6:45: All Ranks Age 13-17 6:45: Adult</p>	<p><b>23 CAMP</b></p> <p>3:30: W/Y/O/P—Age 6-8 3:45: P/B/G/Br—Age 6-8 4:15: W/Y/O/P—Age 9-12 4:30: P/B/G/Br/Bl Age 9-12 5:00: MM W/Y/O—Age 3-6 5:15: All Ranks Age 13-17 5:30: MM P/G/Bl- Age 3-6 6:00: W/Y/O/P—Age 6-12 6:00: B/G/Br/Bl—Age 6-12</p>	<p><b>24 CAMP</b></p>	<p><b>25</b></p> <p>8:00: Adaptive Martial Arts 8:30: MiniMaster Age 3-6 9:00: W/Y/O/P— Age 6-12 9:00: B/G/Br/Bl—Age 6-12</p>
	<p><b>27</b></p> <p>CLOSED</p>	<p><b>28</b></p> <p>3:30: W/Y/O/P—Age 6-8 3:45: P/B/G/Br—Age 6-8 4:15: W/Y/O/P—Age 9-12 4:30: P/B/G/Br/Bl—Age 9-12 5:00: MM—All Ranks Age 3-6 6:00: W/Y/O/P—Age 6-12 6:00: B/G/Br/Bl—Age 6-12 6:45: All Ranks Age 13-17 6:45: Adult</p>	<p><b>29</b></p> <p>3:30: W/Y/O/P—Age 6-8 3:45: P/B/G/Br—Age 6-8 4:15: W/Y/O/P—Age 9-12 4:30: P/B/G/Br/Bl—Age 9-12 5:00: MM W/Y/O—Age 3-6 5:20: Adaptive Martial Arts 5:30: MM P/G/Bl- Age 3-6 6:00: ALL RANKS—Age 6-12 6:45: All Ranks Age 13-17 6:45: Adult</p>	<p><b>30</b></p> <p>3:30: W/Y/O/P—Age 6-8 3:45: P/B/G/Br—Age 6-8 4:15: W/Y/O/P—Age 9-12 4:30: P/B/G/Br/Bl Age 9-12 5:00: MM W/Y/O—Age 3-6 5:15: All Ranks Age 13-17 5:30: MM P/G/Bl- Age 3-6 6:00: W/Y/O/P—Age 6-12 6:00: B/G/Br/Bl—Age 6-12</p>	<p><b>31</b></p>	